



WESTERN PNEUMATICS, INC.

EMPLOYEE ASSISTANCE PROGRAMS - EAP

As the COVID-19 pandemic continues, it's understandable that you may be feeling added stress and anxiety. There are several avenues to receive assistance through WPI's Employee Assistance Program (EAP) services.

CIGNA – Our health insurance has increased their staff and expanded support options as well as increased the number of allowed “no charge” sessions with a licensed behavioral health provider (within the CIGNA program network) to six. Meet with counselors virtually or by phone. Additional 24/7 support is available through MyCigna.com or by calling 866.494.2111, which can be found on the back of your insurance card.

CASCADE BEHAVIORAL HEALTH – Based in Eugene, Cascade Health is offering four free sessions to all WPI employees and their immediate family members. Meet with counselors virtually or by phone. They can be reached at 541.345.2800.

Any employee that utilizes an Employee Assistance Program (EAP) can feel confident that they do so with 100% confidentiality.